

# College Planning Night for Juniors

January 31, 2023

Jennifer He, School Counselor A - K

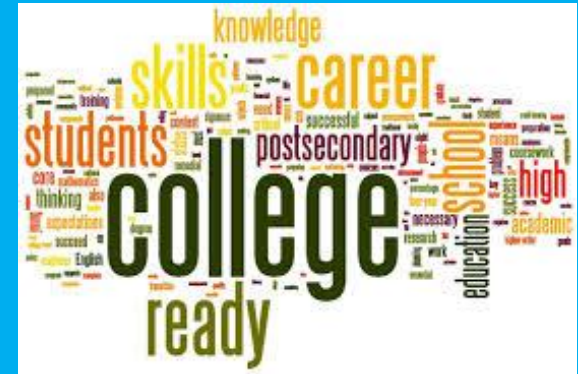
Christopher Christy, School Counselor L – Z

Nancy Benullo – Administrative Assistant



# AGENDA

- College Exploration
- Campus Visits (Virtual)
- College Selectivity
- Types of Admissions
- Standardized Testing
- Financial Aid



# Goals of this Program



- To inform students and parents about the process of college admissions.
- To outline responsibilities and emphasize the importance of collaboration between students, parents and school counselors.



# College Exploration

- A time of personal growth, discovery and planning.
- The process is sometimes overwhelming, but there is a lot of help available from your counselor.
- Research is an essential part of the process.
- Students must be committed to the college planning process.



# The 3 C's

## Communication, Cooperation, Collaboration

- You are not in the college planning process alone.
- Seek the support of the school counseling staff.
- Ask questions.
- Attend Junior and Senior guidance seminar.
- Check in with your school counselor regularly.



# Your Junior Year

- Register for SAT/ACT test
- Attend Junior Guidance Seminar
  - Complete required forms
  - Complete graduation progress worksheet
  - Set up College Board account
  - Utilize your Naviance account
  - Develop list of colleges of interest
  - Visit Colleges



# Your Senior Year

- Register and re-take SAT and ACT (if applicable)
- Confirm credits for graduation
- Attend Senior College Planning Night and Financial Aid workshop. (Fall 2023)
- Attend Senior Guidance Seminar (Fall 2023)
  - Narrow the list of “Colleges I am Applying To”
  - Visit with the college admissions reps at LHS in the fall
  - Submit applications according to deadlines.
  - Request teacher recommendation letters
  - Complete required forms and notify school counselor after submitting applications for transcript and letters release.



# Factors To Consider When Choosing A College

- Academic Programs
- Geography
- Size
- Selectivity
- Special Programs/Athletics/Activities
- Cost
- College Major





# College Searches

- [www.succeed.naviance.com](http://www.succeed.naviance.com)
- [www.collegeboard.org](http://www.collegeboard.org)
- [www.princetonreview.com](http://www.princetonreview.com)
- [www.college-insight.org](http://www.college-insight.org)
- [www.cappex.com](http://www.cappex.com)



# Naviance

- College Planning tool.
- All junior students and their parent/guardian will have access to Naviance through a simple registration process.
- Through Naviance, you will have the ability to research colleges, make a resume, complete personality interest inventory and download all required forms.



# The College list



- **Reach**: This group includes highly selective schools that the student aspires to. These will be your “reach” schools.
- **Target**: This group includes schools at which the probability of admission is likely. These are categorized as “target” schools.
- **Safety**: This group includes schools at which the probability of admission is “highly likely” to “certain.” We refer to schools in this category as a student’s “safety” schools.



# Campus Visits



- February/April Vacation
- Summer Vacation
- Open Houses/Tours/ Information sessions  
sign up online for virtual and/or in-person visits.



# College Fairs



## 2023 Spring Virtual College Fairs

### February Virtual College Fair

February 19

### March Virtual College Fair

March 19

### April Virtual College Fair

April 23



Connect with hundreds of colleges and universities in one place!



**REGISTER NOW!**  
[nacacfairs.org](http://nacacfairs.org)

**VISIT:**  
[www.nacacfairs.org](http://www.nacacfairs.org)  
and [neacac.org](http://neacac.org) for  
more information



# College Acceptance Rates

• Harvard	5%	• Holy Cross	38%
• Princeton	6%	• UConn	56%
• Yale	7%	• WPI	59%
• MIT	7%	• Bentley	60%
• Brown	8%	• UMass Amherst	65%
• Dartmouth	9%	• UNH	70%
• Amherst	12%	• UMass Lowell	72%*
• Northeastern	18%	• Worcester State	89%*
• Boston Univ.	20%		



# College Comparison

University of Massachusetts Lowell	Tufts University	College of the Holy Cross
Average SAT range 1150-1320 ACT 24-29 Test Optional (+3.54 GPA)	Average SAT range 1380 – 1530 ACT 33-34 GPA – 4.05	Average SAT range 1290-1430 (SAT optional) ACT 28-32 GPA – 3.70
25% in top 10%	84% in top 10%	61% in top 10%
72% of applicants Admitted	16% of applicants admitted	38% of applicants admitted

# College Comparison

University of Massachusetts Amherst	Northeastern University	Brown University
Average SAT range 1200 – 1390 ACT 27	Average SAT range 1470 – 1550 ACT 32-34	Average SAT range 1440 – 1560 ACT 36
33% from top 10% of class	79% from top 10% of class w/ 4.0 GPA	92% from top 10% of class
65% of applicants admitted	18% of applicants admitted	8% of applicants admitted



# Universities of Massachusetts Admission Requirements

- Minimum GPA – 3.0 (UW)
- SAT/ACT on sliding scale if GPA is below minimum

Example: **University of Massachusetts**

GPA	SAT	ACT
2.51 – 2.99	1030	20
2.41 – 2.50	1070	21
2.31 – 2.40	1110	22
2.21 – 2.30	1140	23
2.11 – 2.20	1180	24
2.00 – 2.10	1220	25



# MA State Colleges/Universities Admission Requirements

- Minimum GPA 3.0 (UW)
- SAT/ACT on sliding scale if GPA is below min.

Example: **Worcester State University**

<u>GPA</u>	<u>SAT</u>	<u>ACT</u>
2.51 – 2.99	990	19
2.41 – 2.50	1030	20
2.31 – 2.40	1070	21
2.21 – 2.30	1110	22
2.11 – 2.20	1140	23
2.00 – 2.10	1180	24



# Commonwealth Commitment



- Start at one of 15 Massachusetts Community Colleges in a new MassTransfer “A2B Degree” program.
- Finish within 2 ½ years (Associates Degree)
- Transfer to a State University or UMass campus and continue full time. Maintain 3.0 GPA
- An associate degree and a bachelor’s degree within 4 ½ yrs.
- Average savings of 40% on the cost of your State University or UMass bachelor’s degree.



# New England Regional Tuition Break Program

NRSP offers New England residents reduced tuition rates when they enroll in approved degree programs at out of state public colleges and universities (in New England).

Approved programs must not be offered at MA state colleges and universities.

[www.nebhe.org](http://www.nebhe.org)



tuition  break

# Types of Admissions

## Early Decision, Early Action, Regular Admission, Rolling Admission

### Early Decision

- Binding – You are obligated to attend if you are accepted.
- Submit applications early Fall, usually Nov. 1 or Nov. 15, check with college.
- You will be notified in Dec. or Jan., well before the usual notification if you've been accepted.

### Early Action

- Non-binding/allows for other regular decision apps. And review of financial aid packages.
- Most decision by Dec. or Jan. for EA.
- You may wait until May to accept.



# Types of Admissions

## Early Decision, Early Action, Regular Admission, Rolling Admission

### Regular Admission

- Deadlines are typically the beginning of January
- More time to complete your applications
- More time to enhance your senior academic profile
- More time for SAT/ACT score improvement

### Rolling Admission

- Evaluation of applications are completed as soon as they are received
- Decisions are immediately processed
- Applications are allowed to be submitted through a longer window of time

# College Applications

THE COMMON  
APPLICATION

- Applications can be done online or downloaded from the college website.
- The Common Application (over 800 colleges)  
[www.commonapp.org](http://www.commonapp.org)
- Be thorough when completing applications



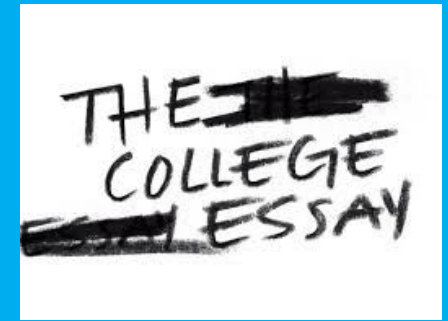
# Recommendations

- Counselor Statement
- Faculty Recommendations
- Most colleges require 1-2 recommendations. Some colleges do not require recommendations.
- Find out early on what each college requires.





# College Essay



- The essay is an opportunity to present the personal side of the student.
- College essay lesson
- Choose a topic that will show what kind of person you are.
- Start to prepare during the summer months.
- Work and rework draft

# Testing

- SAT Test
- ACT
- Advanced Placement (AP) Exams
- Test Optional Schools

[www.fairtest.org](http://www.fairtest.org)



# SAT

- The SAT Test
  - Evidence-Based Reading & Writing (200-800)
  - Math (200-800)
- Score Option
- Sending scores [www.collegeboard.org](http://www.collegeboard.org)

SAT®

 CollegeBoard

# ACT

- ACT:
  - English
  - Mathematics
  - Reading
  - Science
- The Writing Test (optional)
- Score: 1 – 36
- Super Score
- [www.actstudent.org](http://www.actstudent.org)



# Test Prep Programs

- Khan Academy – [khanacademy.org](https://khanacademy.org) (free)
- Jantzi Test Prep – [4setprep.com](https://4setprep.com)
- Kaplan – [www.kaplantest.com](https://www.kaplantest.com)
- Princeton Review – [www.princetonreview.com](https://www.princetonreview.com)
- Summit – [www.summittestprep.com](https://www.summittestprep.com)
- Sylvan Learning Center – Acton
- Huntington Learning Center – Acton



# 2023 Exam Testing Dates

The SAT logo is displayed in white, serif capital letters on a dark blue rectangular background.The ACT logo is displayed in white, bold, sans-serif capital letters on a dark blue rectangular background. A red swoosh is positioned under the letter 'A'.

## Test Dates:

- March 11, 2023
- May 6, 2023
- June 3, 2023
- August 26, 2023 (Anticipated)
- October 27, 2023 (Anticipated)
- November 4, 2023 (Anticipated)

[www.collegeboard.org](http://www.collegeboard.org)  
[www.ACTstudent.org](http://www.ACTstudent.org)

## Test Dates:

- April 15, 2023
- June 10, 2023
- July 15, 2023



# Examining the Applicant's File

- High School Transcript
- Level, rigor and number of courses
- Grades and grade point average
- Recommendations
  - School Counselor and Faculty
- College essay
- Interview
- Activities, interests, talents and abilities



# LHS PROFILE

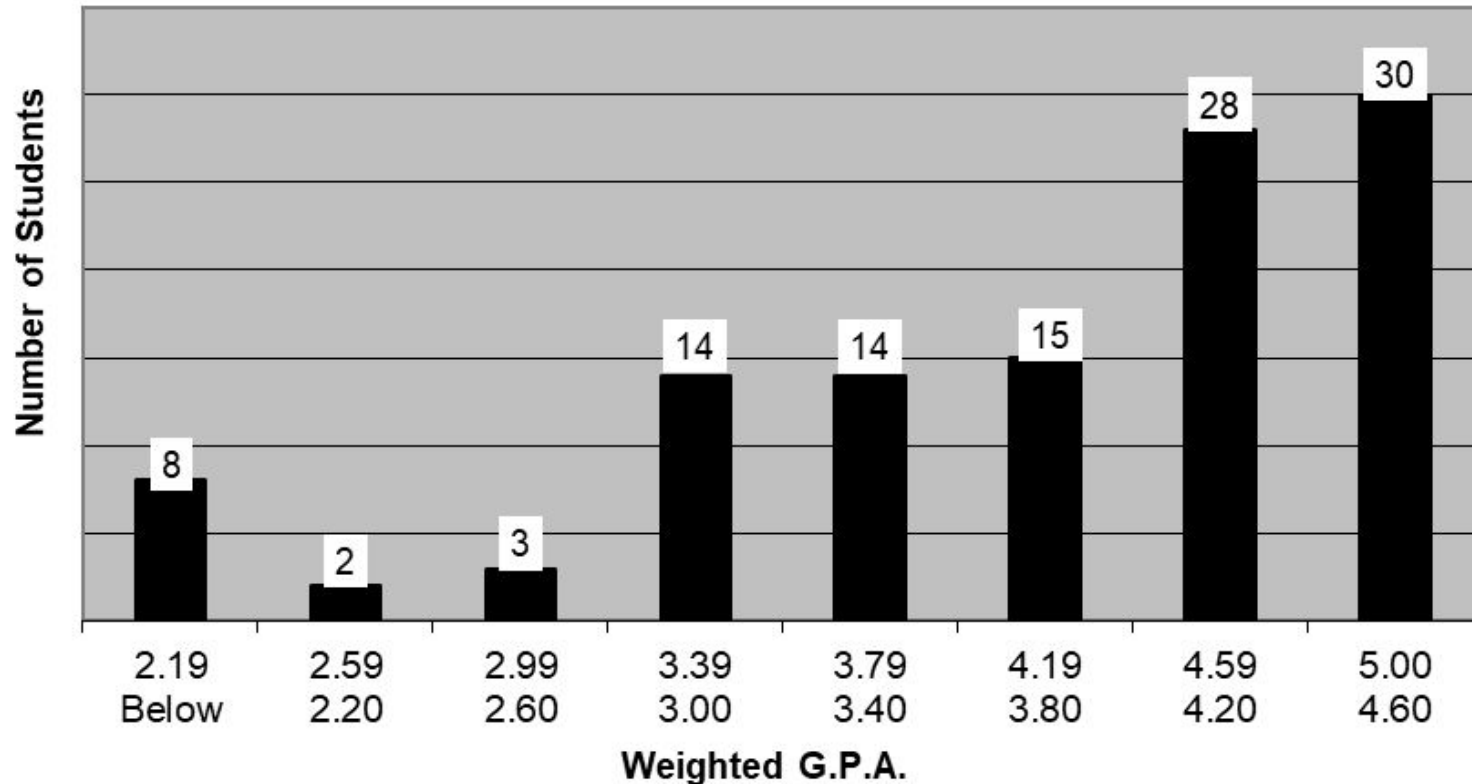
- HS requirements
- College placement rate
- Levels of instruction
- Mean National, State and LHS SAT scores
- NHS requirements
- Extracurricular Activities
- College Matriculation





# LHS PROFILE – Class of 2024

Weighted Grade Point Average Distribution



7%

2%

3%

12%

12%

13%

25%

26%

**GPA DISTRIBUTION %**



# Financial Aid

- Merit Aid/Scholarship
- Need Based Aid
- Outside Scholarships

**FAFSA**  
Federal Student Aid  
An office of the U.S. Department of Education

*mefa*  
Massachusetts Educational  
Financing Authority

 **CollegeBoard**  
CSS/Financial Aid Profile



# School Counseling Website Page



Littleton Public Schools  
Town of Littleton, MA

[HOME](#) [ABOUT](#) [SCHOOLS](#) [DEPARTMENTS](#) [COMMUNITY](#) [STAFF](#) [CONTACT](#)

[HOME](#) / [LITTLETON HIGH SCHOOL](#) / [SCHOOL COUNSELING](#) / [INDEX](#)

## School Counseling

[School Counseling Newsletter](#)

[College Preparation](#)

[PSAT Registration](#)

[Upcoming Events](#)

[Presentations](#)

[AP Exams](#)

[Helpful Articles](#)

[Scholarship Information](#)

## LHS School Counseling Department

### Jennifer He

School Counselor (for student last names A-K)  
email: [jhe@littletonps.org](mailto:jhe@littletonps.org)

### Chris Christy

School Counselor (for student last names L-Z)  
email: [cchristy@littletonps.org](mailto:cchristy@littletonps.org)

### Tracy Turner

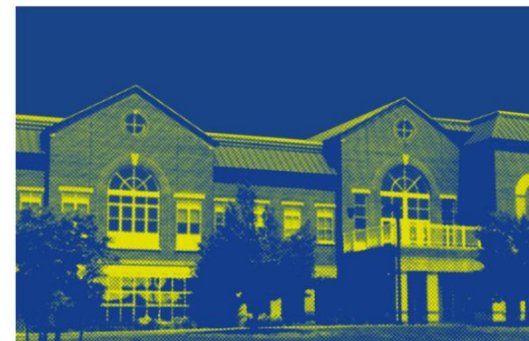
School Adjustment Counselor  
email: [tturner@littletonps.org](mailto:tturner@littletonps.org)

### Melissa Benson

School Psychologist  
email: [mbenson@littletonps.org](mailto:mbenson@littletonps.org)

### Nancy Benullo

Administrative Assistant  
email: [nbenullo@littletonps.org](mailto:nbenullo@littletonps.org)



# “College is a match to be made not a prize to be won.”

There is no clear cut formula for college admissions.

Perspective is very important.

Which colleges will help you continue your academic, personal, athletic, social and philosophical development?

Treat every college as though it is your first choice



# College Planning Night for Juniors

***THANK YOU***

