



# The Littleton SEPAC Spring - Newsletter



## ELECTION

### Call for new members - Election Day: June 16th 2023

Are you a Littleton parent/guardian looking for opportunities to share resources and support around Special Education in Littleton by giving back to our Littleton SEPAC? We are seeking new members and we would love to have you join the board (Chair, Secretary, Treasurer, School Liaison) or as volunteers. **Email us at: [sepaclittleton@gmail.com](mailto:sepaclittleton@gmail.com) for more information.**

### Winter Events RECAP

- 01/10: Workshop "Practical Strategies to alleviate Anxiety & Reduce Challenging Behavior" co-hosted by Littleton SEPAC and the Department of Students Service
- 01/17: Tiered Focused Monitoring Parent Orientation
- 01/24: Workshop "Turning Three Essentials presented by FCSN
- 02/14: Teacher's appreciations (SL and RSS)
- 02/28: Parent Meet Up and SEPAC Business Meeting
- 03/02: Workshop "Reading for ALL" presented by Dr.Elaine Holden.

### Useful Information

What is a SEPAC?

[www.fcsn.org/what-is-a-sepac/](http://www.fcsn.org/what-is-a-sepac/)

Parent's Notice of Procedural Safeguards:

<https://www.doe.mass.edu/sped/prb/>

Basic IEP Process under IDEA with timeline:

[www.littletonmasepac.org/process.html](http://www.littletonmasepac.org/process.html)

### SAVE THE DATE

- 04/06: Bowling. Parent/Student Night Out at 6pm at Brunswick Lanes, Lowell
- 04/11: Parent Meet Up at 6pm and SEPAC Business Meeting at 7pm
- 05/09: Parent Meet Up (6-8pm)
- 06/16: Parent Meet Up (6-7pm) followed by the SEPAC Business Meeting (ELECTIONS)

[Meetings are at the Littleton Library](#)

### HOW TO CONTACT US?

[sepaclittleton@gmail.com](mailto:sepaclittleton@gmail.com)  [Littleton MA SEPAC](#)

[www.littletonmasepac.org](http://www.littletonmasepac.org)  [Littleton\\_SEPAC](#)