

JOIN US VIRTUALLY FOR

IN OUR OWN VOICE

*a mental health awareness presentation & conversation
for parents and guardians*



Tuesday, December 14, 2021 | 7:00-8:00pm



During this presentation, speakers with lived experience of a mental health condition will share their experiences and how they have found pathways to hope and healing. Audience members will have the opportunity to ask questions, learn more about mental health conditions, and challenge misconceptions.

This presentation is hosted by

**Littleton Public Schools
&**

**Littleton Parks, Recreation
& Community Education**

in collaboration with NAMI Massachusetts.



Link will be forthcoming!