**As of this week, all fully vaccinated 18 + individuals are eligible for a COVID Booster!!!**

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**Reminder about Test and Stay:**

Per DESE, **only in-school close contacts are eligible to Test and Stay**. If you are notified that your child was identified as a close contact outside of the school setting, then your child must stay home and follow the quarantine protocol. Please inform the school nurse in order to discuss a safe return to school plan.

**Travel info:**The [current state travel information](https://www.mass.gov/info-details/covid-19-travel) defers to the CDC travel recommendations. Check the state website regularly in case there are any updates. Have a safe and Happy Thanksgiving Break next week!
For [Domestic Travel](https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html), the information in the following chart is what is **recommended** (there are NO requirements in the chart):****For [International Travel](https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html):

**Make sure to plan ahead before traveling internationally:**

* Check the current [COVID-19 situation at your destination](https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html).
* Follow all airline requirements as well as any [requirements at your destination](https://travel.state.gov/content/travel/en/traveladvisories/COVID-19-Country-Specific-Information.html), including mask wearing, proof of vaccination, testing, or quarantine. Requirements may differ from U.S. requirements.

**RECOMMENDED**: If you are not fully vaccinated, get tested with a [viral test](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html) 1-3 days before your trip.
**Before Returning to the United States:**Testing - ALL Travelers (REQUIRED)
Before boarding a flight to the United States, you are required to show one of the following:

* If you are [fully vaccinated](https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html#fully-vaccinated): Proof of vaccination and a negative COVID-19 test result taken no more than 3 days before travel.
* If you are NOT fully vaccinated: A negative COVID-19 test result taken no more than 1 day before travel.
* Children under 2 years old do not need to test. There is also an option for people who have documented recovery from COVID-19 in the past 90 days. Learn more about these [requirements](https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html).

**After Arrival in the United States:**You might have been exposed to COVID-19 on your travels. You might feel well and not have any symptoms, but you can still be infected and spread the virus to others. For this reason, CDC recommends the following:

ALL Travelers

 **RECOMMENDED**

* Get tested with a COVID-19 [viral test](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html) 3-5 days after travel.
	+ Find a [U.S. COVID-19 testing location near you.external icon](https://www.hhs.gov/coronavirus/community-based-testing-sites/index.html)
* Self-monitor for [COVID-19 symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html); [isolate](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fif-you-are-sick%2Fquarantine.html#anchor_1633109391123) and get tested if you develop symptoms.
* Follow all [state and local](https://www.cdc.gov/publichealthgateway/healthdirectories/index.html) recommendations or requirements after travel.

If You Are NOT Fully Vaccinated

 **RECOMMENDED**

In addition to the testing recommendations above

* Stay home and self-quarantine for a full 7 days after travel, even if you test negative at 3-5 days.
* If you don’t get tested, stay home and self-quarantine for 10 days after travel.

**If Your Test Result is Positive**

[**Isolate**](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#anchor_1633109391123) **yourself to protect others from getting infected. Learn** [**what to do**](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html) **and** [**when it is safe to be around others**](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#anchor_1633109423704)**.**

Just a reminder- **If your student is sick, please keep them home.** Call the school nurse at 978-952-2555 x3 to report illness and receive guidance.