

Free Course for Parents of Youth with Mental Health Conditions



Join us on **Tuesdays, starting 4/11** via Zoom for NAMI Basics, a free, weekly, six session course for parents and family caregivers of children and adolescents with emotional or behavioral issues.

It provides critical strategies for taking care of your child and learning the ropes of recovery.

Visit namimass.org/nami-basics to learn more.

Registration is Required

TUESDAYS, starting April 11th
6:30 pm – 9:00 pm via Zoom

To register contact:

- Dee at deefebba@comcast.net
or 978-697-3341
- Sharon at dunshar@gmail.com
or 978-857-5363

This course is open to anyone
in Massachusetts.

