



Littleton Public Schools

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KELLY R. CLENCHY, Ed.D., SUPERINTENDENT OF SCHOOLS

Elizabeth M. Steele, Director of Teaching and Learning Lyn A. Snow, Director of Student Services Steven F. Mark, Business Manager Natalie A. Croteau, Technology Systems Coordinator Julie Lord, Instructional Technology Coordinator

A. Call to Order/Introductions Attendees

Natalie Croteau Leah Botko Marc O'Meara Libby Donegan Beth Steele Sarah Dorfman Sherri Susser Jennifer Spadano-Gasbarro

Agenda

- B. How is everyone feeling- SEL check-in
- C. Updates
 - a. Grant to enhance current wellness policy- Policy written in 2016 was a broad policy, we are looking at narrowing down to meet all state and federal standards. We took WellSat to see where improvements are needed, we are looking at making specific changes.
 - i.Next Meeting scheduled for LPS this Friday December 1 1-2pm virtual.
 - ii. Meeting with Charlotte, John Stalker January 12, 2024 1-2 virtual
 - iii.One more meeting to schedule for LPS and Charlotte after that
 - iv.Final review with School Committee sometime in Spring- date TBD Let us know if you would like to join the zoom meeting on Friday
 - b. LPS Connections Speaker Series

Dec 5- Defining Cultural Proficiency by Dr. Kalise Wornurm

Canceled due to speaker illness. Reschedule date TBD

c. Wellness Event at Middle School

Spoke with Jason Everhart and Matt Levangie about doing a wellness event at LMS.

They are going to discuss with staff after Thanksgiving break.

Aiming for a half day around MCAS time, May 1 or May 24.

Bringing Parents to this event would require CORI's for each parent, not ideal.

Planning on cross grade sessions, creating relaxation activities such as sports, yoga, knitting, cooking etc.

We would have sign-ups for each session. Food Services can provide snacks

December 4 – Natalie will email Jason and Matt for staff feedback

d. Adding Time to Lunch – update

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School Advisory Council (SAC) for Shaker Lane approved a 5-minute increase to next year's lunches, increasing them to 25 minutes. Leah will check on the results of the AC meeting that occurred 11/28/23.

- e. National Diabetes Awareness month November <u>Happier with Gretchen Rubin -</u> Elizabeth talks about her experience with Diabetes -
- f. Any other business?

i. Podcast: <u>How to Survive the Holidays</u>ii. Recipe: Natalie - <u>Delicata squash</u>

g. Next Wellness meeting: January 23rd